

Guru Ram Das Center for Medicine & Humanology Europe

Kundalini Yoga Therapy according to Yogi Bhajan

Registration Form

Name

Spiritual Name

Address

Phone

Email

Kundalini Yoga Teacher Training Level 1 (Place und Year)

All seminars normally take place in 37213 Witzenhausen, Germany. However, in these special times and as long as IAYT certifies online training, we will have "blended learning". We meet on the respective course days about: 3.5 hours online via zoom. There will be videos send a few days in advance, a detailed script with additional materials, supplementary reading material (depending on the topic) and intensive self-study with independent practice and furthermore, the follow-up discussion via zoom or telephone conference. For participants with an uncertain financial basis due to current restrictions, I offer a reduction on the course fee and, for those with a stable income, a solidarity-based increase in the course fee in addition to the regular fee. E.g. 560 / 580 / 600,-€.

I register for following trainings for Kundalini Yoga Teachers / Participants Level I (please mark)

Foundations of Kundalini Yoga Therapy: Principles and Practices

(Segment 1 International Kundalini Yoga Therapy Training)

(36 hours incl. Follow up call per zoom 560 / 580 / 600,-€)

17.-20.2.2022 in English

17.-20.3.2022 auf Deutsch

18. – 21.8.2022 auf Deutsch

Origins and Identity: An Exploration of your Authentic Self

(Segment 2 International Kundalini Yoga Therapy Training)

(36 hours incl. Follow up call per zoom 560 / 580 / 600,-€)

13.-16.10.2022 Deutsch

Overcoming Cold Depression

(18 hours incl. Follow up call per skype / zoom 320 / 340 / 360,-€)

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12.-15.5.2022 in English

9.-12.6.2022 auf Deutsch

Mental Health in the Aquarian Age – Psychische Gesundheit im Wassermannzeitalter*

Therapeutic support with Kundalini Yoga in the Grey Period *

Advanced training series (88 hours incl. 3 follow up calls 1440 / 1460 / 1480,-€)

Overcoming Cold Depression 12.-15.5.2022 in English

or

Overcoming Cold Depression 9.-12.6.2022 auf Deutsch

Transform Anxiety and Depression

English / German as needed

8.-11.9.2022 online

(Segment 7 International Kundalini Yoga Therapy Training)

Trauma-informed Kundalini Yoga für People with PTSD

English / German as needed

mit PTBS 9.-13.11.2022

In Person / Präsenzseminar

Schedule Online

Please plan for about 3 hours per day for your personal study and preparation of content. The schedule can be subject to change. Please ask für the latest information on the course of your interest.

3 day seminar

Friday 16:00 – 20:00

Saturday 16:00 – 20:00

Sunday 16:00 – 20:00

4 day seminar

Thursday 16:00 – 20:00

Friday 16:00 – 20:00

Saturday 16:00 – 20:00

Sunday 16:00 – 20:00

Schedule In Person

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3 day seminar

Friday	10:00 – 13:00 14:30 – 18:30
Saturday	5:30 – 8:00 9:00 – 13:00 14:30 – 18:30
Sunday	5:30 – 8:00 9:00 – 12:00 13:00 – ca. 16:00

4 day seminar

Thursday	10:00 – 13:00 14:30 – 18:30
Friday	5:30 – 8:00 9:00 – 13:00 14:30 – 18:30
Saturday	5:30 – 8:00 9:00 – 13:00 14:30 – 18:30
Sunday	5:30 – 8:00 9:00 – 12:00 13:00 – ca. 16:00

Directions

Heilpraxis für Kundalini Yoga Therapie

Oberburgstraße 1

37213 Witzenhausen

Lower Saxony

Germany

Witzenhausen is centrally located in Germany between Kassel and Goettingen, accessible via the A7 motorway (Hedemünden / Hann.Münden exit) or A38 (Friedland exit) or by Cantus Railway from Kassel or Göttingen. From Witzenhausen Nord station, either on foot (about 1.4 km), by bus to the ZOB, then a walk of about 300m or by Minicar +49 5542 613 4118 minicar.witzenhausen@yahoo.com or Taxi Witzenhausen +49 5542 4555 info@taxi-witzenhausen.de.

The Healing Practice is not accessible by wheelchair. It is located on the first floor, the restroom on the ground floor. Accommodation is not possible in Heilpraxis. However, the town offers many nice and affordable B & Bs, the Burghotel www.burghotel-witzenhausen.de is across the street. Pension Fischer offers very nice single rooms and apartments www.fewo-fischer.com just around the corner in 37213 Witzenhausen, Kniegasse 14-18 Tel. +49-5542-936050.

In the Heilpraxis you can make tea and heat vegetarian dishes. We have a few simple yoga mats and blankets. Bring some slippers for visiting the bathroom downstairs. Don't forget your Japji!

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Investment

Please **transfer** the course fee at the same time as you register. Kindly make sure that any bank charges for international transfer are paid by you.

Bettina Güdel

DE25 2004 1144 0135 1733 00
COBADEHD044

Reference: course title / month + year / your name

admin@ky-therapy-training.eu

Small Print: Please note that your written application is binding. If you withdraw from your registration, send an email to atmajot@kundaliniyoga-therapie.de. We withhold a handling fee of €30. In the event of a short-term cancellation (7 days before start of seminar), we will not refund the course fee. In this case you can participate in a later seminar if space is available. This requires individual consultation with trainer and regional host.

Necessary for obtaining the certificate of Guru Ram Das Center for Medicine & Humanology full payment of the training, participation in all teaching units and sadhana, submission of the homework assignment and participation in the conference calls.

Courses take place with minimum five participants. Cancellation by trainer or host, the course fee will be refunded, claims beyond that are not reimbursed. We recommend a travel cancellation insurance.

By signing, the Guru Ram Das Center for Medicine & Humanology is allowed to store your contact details and use them to inform you on upcoming courses and trainings. This data will not be passed on to uninvolved third Parties. Photos, film or audio recordings taken in the course may be used for marketing purposes. If you object, please inform the trainer before start of the course.

With my signature, I confirm that I bear full responsibility for myself and my actions in the seminars. I come up myself for damage caused by me and free up the seminar management or hosts of liability claims. I am aware that the trainings contain therapeutic cues in the sense of the traditional yogic teachings and does not replace diagnosis or treatment of physicians or psychotherapists.

Location	Date	Signature
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Send per email or letter

Atma Jot Kaur Güdel
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Lower saxony
Germany
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