



Guru Ram Das Center

FOR MEDICINE & HUMANOLOGY

Presented by Shanti Shanti Kaur Khalsa, PhD. C-JAYT

FOUNDATIONS OF KUNDALINI YOGA THERAPY: PRINCIPLES AND PRACTICES

Dates:

Thursday, May 2nd - Sunday, May 5th, 2019

Thursday - Saturday: 9:00 am - 5:30 pm | Sunday: 9:00 am - 4:00 pm

TRAUMA INFORMED KUNDALINI YOGA FOR RECOVERY FROM PTSD

Participation is open to KRI Level 1 Certified Kundalini Teachers who have taken Foundations of Kundalini Yoga Therapy: Principles and Practices

Dates:

Wednesday, July 10th - Sunday, July 14th, 2019

Wednesday - Saturday: 9:00 am - 5:30 pm | Sunday: 9:00 am - 4:00 pm

Pricing:

\$786.00 or \$1,179.00 for both courses.

Early Bird Pricing - Save \$100.00 by registering before March 1st, 2019!



Visit www.AnahataYogaAZ.com for full details and to register!

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