



ਬੰਨੁ ਧੰਨੁ ਰਾਮਦਾਸ ਗੁਰੁ ਜਿਨਿ ਸਿਰਿਆ ਤਿਨੈ ਸਵਾਰਿਆ॥

Guru Guru Wahe Guru, Guru Ram Das Guru

This mantra is called the Miracle Mantra. Practice it five times on one breath to open your heart and awaken you to the infinite possibilities that are present right now. Hear the recording by Simrit Kaur and Jai Dev Singh on our Home page and www.grdcenter.org.

We invite you to practice the Miracle Mantra wholeheartedly and experience the connection to the source of elevation and healing that is the cornerstone and inspiration for the Guru Ram Das Center for Medicine & Humanology.

May the miracle of Guru
Ram Das bring you joy.